

## One Page Reflective Practice Guide

# NTaR

Reflections after a recent learning circle with the Newcastle Treatment and Recovery Centre, have led to questions about the stigma which has become attached to 'Plummer Court' in recent years.

Plummer Court is home to a range of different services and labelling these all under the umbrella of Plummer Court could act as a barrier to children, young people and adults accessing these services.

NTaR are working towards removing some of the shame and stigma which has become attached to Plummer Court by changing the terms under which their services are referred to. Although Plummer Court is the address of the building, it houses many different services which can be accessed easily. NTaR also deliver group and 1:1 support at various community venues including at Kenton Library, Byker Sands and schools citywide. It would be helpful if we can support this in our work too, moving towards referring to Plummer Court as Newcastle Treatment and Recovery Centre (NTaR) instead.

### Reflections:

- Are you working with any families at the moment who you think would benefit from working with NTaR?
- Are you aware of the range of services available through NTaR?
- Could the stigma attached to Plummer Court be acting as a barrier for some families who are reluctant to engage with such services?
- Could using individual service names help to break down this barrier?

### **Find out more:**

[Newcastle Treatment and Recovery \(NTaR\) - CNTW033 - Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust](#)

**NTaR: 0191 206 1117**

